

# OSAAT NEWSLETTER

June 2017



one step at a time

Placing the needs and rights of children at the heart of our work.

UK Registered Charity No.1127562. w: [www.one-step-at-a-time.org.uk](http://www.one-step-at-a-time.org.uk) / t: 07847 585797



## New recruit!

One Step at a Time is delighted to have recruited our new Charity administrator Natalie Skinner. She sends this message to introduce herself and please feel free to welcome her.

"I'd like to introduce myself as your new charity administrator and I am very excited to be supporting the charity's worthwhile work with vulnerable children and families in Uganda and have a strong interest in International Development. I love travel and have visited over 20 countries, including volunteering in Ghana, India and Tanzania."

## Great news from Uganda



We are so excited that Beatrice Adong, one of our social workers, has given birth to her second daughter. She was born by emergency caesarean but is now healthy as you see, she was named Nahyema Micheal Philis Gift, Philis after her English granny Sandra Murphy. Welcome Nahyema to the big world.

I am sure you will join us in wishing Beatrice lots of love and her baby girl a happy and healthy future. Beatrice is keen to return to work as soon as possible and we would like to thank her for her commitment to OSAAT.

## Cute soft toys



Lots of cute soft toys are still available to send to Uganda for children who have so few toys of their own. They will definitely have happy homes! For anyone interested please contact Sue Trudgian the lovely lady who organises the purchase and travel of our teddies.

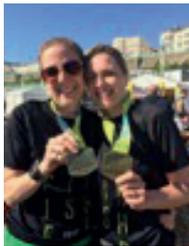
A huge thank you to Jan Larke's sister in law for the character knits, to Tracey Goate and Emma Hemmings-Kneller's lovely mum for the beautiful blue OSAAT teddies and to everyone else who clicks their needles for us.

## Store tidy in June

We are going to have a session sorting our store of donated items in Wellingborough on Monday 19th June from 12pm to 3pm and we have had an amazing response from volunteers to come and help us to sort the items into labelled boxes ready for taking to carboots and selling online etc. We just need one more person to help on the day, please email: [osaat.charity@gmail.com](mailto:osaat.charity@gmail.com) if you are available to join us.

## Fund raising events

**OSAAT has had lots of successful fundraising events recently...**



It was the 9th April, Brighton; the hottest day of the year so far. Sounds like a perfect day until you start talking about running a Marathon for charity in such conditions. Catherine Edwards and Becky Dawson two remarkable young women did exactly that.

Two wonderful friends that have supported OSAAT since its founding made the mistake of drinking together over a year ago. It was that night that they decided that as they were approaching their 40th year, they needed to do something remarkable. They opted for the challenge of a marathon. They stuck to their word and trained so hard. Both full time working mums took to the roads in London and Bedford to build to a 20 mile run in training for the day, sacrificing time with family, social time, abstaining from drinking, adopting strict diets and giving all of their energy to the preparation.

Watching them on the day was a privilege. Their determination, resilience, power and strength was inspirational. Both completed and ran in times the rest of us may only dream of, under exhaustingly hot conditions.

A massive thank you to Cath and Becky for such a sacrifice to support others. You are truly amazing women. Thank you on behalf of all trustees, OSAAT supporters and from the children and families in Uganda.

So far they have raised... **£2,040.25**. You can still donate at: <http://uk.virginmoneygiving.com/team/beckyandcath>



**The Rushden Spiritualist Church** have been incredibly supportive to OSAAT over the last few weeks by organising healing days which helped to raise over £500 for our vulnerable families

The activities they offered were gongs, crystals, acupuncture, readings, makeovers, the sale of jewellery and medicine bags, clothes and leather briefcases and we all ate cake and shared laughter and love.

A huge thank you to everyone who gave their time on the day, those who put up posters, who gave their services, made tea, and to all who spent money. Biggest thanks go to Pam Brown who germinated the thought and gave a lot of her time to making it the success it was. Our thanks and love go to you all and if you missed it, watch out for more similar events in the future.

**Terri Lee** raised the grand total of £115 at a carboot sale in Huntingdon. Thank you Terri for organising this for OSAAT.

£55 was raised by **Gill Barham** at the Health Talk in Rushden, thank you to Gill for supporting OSAAT.

**If you would like to organise a fund raising event to raise some money for OSAAT we would be so grateful for any support. We will be organising fund raising packs to help with this, watch for the next newsletter for further details.**

## Spring Raffle

The raffle was drawn on 3rd May and all winners are as follows.

0532 Thames Cruise and meal Dave Odell  
0398 Summer Hamper Mark and Dianne  
1350 Sports Massage Kerry Regal  
1011 Beverage Hamper Alex Gray  
0449 Prosecco Mandy Norris  
2186 Sparkling Wine Dean Coyle

1497 Children's Garden Toys Sandra  
0284 Paddling Pool Leanne  
1354 Chocolate Rabbit Sally Riles  
0264 Chocolates Leanne  
0581 Duckling wall picture Sulley  
1466 Bucks Fizz Dave Odell

2047 Gift Set Beck Morgan  
1033 Pot Pourri Ken Howard  
0245 Biscuits Kimberley York  
3519 Roses J Smail

Thank you to all who bought tickets, the total amount raised will be notified in the next newsletter.

## A mixed message for all from Sandra Murphy

Dear all, sadly I have to tell you that the cancer which had been stable for the past 18 months has decided to become active again. This is resulting in serious anaemia which has left me very breathless and fatigued. I am eternally grateful to the blood donors who have given me life back.

I pray it will be sustained for a good while but it is with great relief I know that something can give me such relief. Consequently I will aim to gradually have less physical work within OSAAT and have recently returned from a restful holiday in Kos with my family. If anyone of you could help in any way please do call or contact Natalie Skinner.